



Sana Eang NMD, DC

Dr. Sana Eang received her Naturopathic Medical degree from Southwest College of Naturopathic Medicine and Health Sciences. In addition, she has a Doctorate in Chiropractic from Southern California University of Health Sciences and a bachelor's degree in biology and chemistry from Concordia University.

Having established an interest in healing and prevention, Dr. Eang was inspired to pursue a career in both Chiropractic and Naturopathic Medicine in order to address the patient's primary medical concerns along with their overall health and vitality. As a dually licensed Chiropractor and a Naturopathic Medical Doctor, Dr. Eang serves as a highly skilled doctor helping patients with a wide/full spectrum of health concerns.



Dr. Eang has a special interest and focus in women's health. Her approach is through the use of natural medicine, nutrition, diet, physical medicine and bio-identical hormones to improve strength and vitality. The core of her work is enhancing the thyroid, adrenal, neurotransmitters and digestion to establish normal hormonal balance. She also utilizes the latest research and tools to help patients achieve and maintain optimal function and mobility. Dr. Eang's commitment to her patients creates an excellence in both patient care and clinical outcomes.

Dr. Eang continues to enjoy an active lifestyle in California. She loves going to the beach, hiking and painting during her spare time. On weekends, she has volunteered at various hospitals and communities. Her reward is the ability to be an advocate for good health in all aspects of life.

Patient Services - Dr. Sana Eang

At HealthBridge Medical Center, Dr. Sana provides leading, well-researched integrative medical treatments designed to support long term health and vitality, healthy aging, and to regenerate the body. The treatments aim to optimize your physical, emotional, and mental health and well-being and to enhance the look of a revitalized, better you. In partnership with you, Dr. Sana aims to:

- Strengthen cell-to-cell communication
- Enhance vitality and energy
- Strengthen key organs
- Increase blood flow and tissue oxygenation
- Shift your body's processes towards long term optimal health and balance.

Services offered at HealthBridge Medical Center:

Natural Integrative Medicine Therapies

- Bio-Identical Hormone Replacement
- Detoxification, to cleanse the system and stimulate healing in the body
- Successful Medical Weight Loss Program
- Assessment and treatment of Adrenal Gland Function
- Homeopathy/Herbs/Natural Medicine
- Natural Approach to Managing Stress
- Physician-Only Vitamins and Supplement Programs

Comprehensive Metabolic, Nutritional and Lifestyle Analysis

- Heavy Metal Testing
- Hormone Testing
- Neurotransmitter Testing
- Comprehensive Nutrition Analysis
- Intestinal Permeability Assessment
- Immune Allergy/Food Allergy Testing
- Functional Intracellular Analysis (blood analysis for vitamin, mineral, and amino acids; carbohydrate and fatty acid metabolism)

Specialized Health Challenges

- Attention Deficit Disorder
- Autism Spectrum Disorder
- Autoimmune Disorders
- Cancer

- Chemotherapy Side Effects
- Depression & Anxiety
- Diabetes (Type II)
- Fibromyalgia
- Heart Disease
- Heavy Metal Toxicity
- High Cholesterol
- Hormone Imbalance
- Hypothalamic/Pituitary/Adrenal Axis Dysfunction
- Irritable Bowel Syndrome
- Low Energy and Vitality
- Menopausal Symptoms
- Metabolic Syndrome
- Mood Disorders
- Obesity
- Pre and Post Operative Care
- Premenstrual Syndrome
- Rheumatoid Arthritis
- Sickness Syndrome Depression
- Sleep Disorders
- Stress-related Illness
- Thyroid Disorders

Chiropractic Services:

- Spinal and Postural Screenings
- Spinal Correction/Manipulation
- Corrective exercises
- Nutritional Counseling
- Physiotherapy/Neuromuscular Re-Education

HealthBridge Medical Center | 366 San Miguel Drive Suite 209 Newport Beach, CA 92660

Office: 949-715-9321 | frontdesk@HealthBridgeHealing.com | www.HealthBridgeHealing.com